LONDON GYNAECOLOGY

Well Woman Assessment

A comprehensive, consultant-led approach to your health.

Our approach to *Care*

At London Gynaecology we provide expert preventative women's health assessments across a wide range of needs and life stages.

Every assessment is led by a consultant gynaecologist, giving you specialist insight, time to be heard, and a more personalised, clinical understanding of your health.

You will benefit from:

- Dedicated time with an expert Consultant Gynaecologist
- Thoughtful, clinically led assessment and investigation
- Discreet, premium women's health clinics
- Clear explanation of results with a follow up consultation
- Detailed report with recommendations and next steps
- Direct access to onward specialist care if anything needs further attention

The assessments are available at our clinics in Harley Street, Moorgate, Richmond and The Portland Hospital.

We offer three tiers of health assessment:
Core, Enhanced and Complete.

How our Assessments *Work*

The Well Woman Assessment is offered across three tiers, empowering you to choose the option that feels right for you.

All tiers are delivered to the same clinical standard and follow the same principles: expert care, clear communication and thoughtful investigation.

The difference between tiers lies in the depth of assessment and the range of tests and imaging included.

Well Woman: *A Tiered Approach*

The Well Woman Assessment is offered across three tiers, allowing you to choose the level of assessment that feels right for you. All tiers are delivered to the same clinical standard, with the same focus on expert care, clear communication and thoughtful investigation. The difference lies in the depth of assessment and range of investigations included.

Core

A focused health review designed for routine screening, reassurance and a clear starting point.

Enhanced

A more detailed assessment, offering a broader understanding of your health with additional investigations and clinical insight.

Complete

A comprehensive assessment combining consultation, blood tests and imaging to provide a full overview of your health. You will find a more detailed breakdown of each tier, including what is included and pricing, on the following pages.

We offer a range of self-pay health assessment packages with clear, transparent pricing. If you have private health insurance or a health plan that includes health assessments, we can provide a detailed receipt following your appointment for you to submit to your insurer. If your health assessment is being funded by a company or third party, please contact our Patient Services team in advance as we may require a guarantee of payment prior to your appointment.

You will find a full breakdown of what is included in each tier, along with pricing, on the following page.

Well Woman Assessment	*Core*	*Enhanced*	*Complete*
Price	**£749**	**£999**	**£2299**
Clinical Assessment			
Initial consultation (30 minutes)	✓	✓	✓
Follow-up consultation (15 minutes)	✓	✓	✓
Nutritionist consultation (75 minutes)		✓	✓
Full personal & family history	✓	✓	✓
Lifestyle & life stage discussion	✓	✓	✓
Vaginal Examination	✓	✓	✓
Urine Analysis	✓	✓	✓
Breast check	✓	✓	✓
Weight check	✓	✓	✓
Blood pressure check	✓	✓	✓
Blood Tests			
Full blood count (FBC)	✓	✓	✓
Vitamin D levels	✓	✓	✓
Thyroid function		✓	✓
Lipids (cholesterol check)		✓	✓
Ferritin (iron levels)		✓	✓
Glucose (diabetes screening)		✓	✓
CA125 (cancer antigen screening)	✓	✓	✓
Urea & Electrolytes (kidney function)			✓
Liver Function Test			✓
Testosterone			✓
Oestradiol			✓
HbA1c (long-term blood sugar control)			✓
Screening			
HP20 co-test	✓	✓	✓
Pelvic ultrasound scan	✓	✓	✓
Mammogram			✓
DEXA (bone density) scan			✓

*Futher tests can be requested in consultation with your Consultant Gynaecologist and may incur additional charges.

Your care pathway: *Step by Step*

The Well Woman Assessment is delivered across our London Gynaecology clinics and a small number of trusted parter locations. This ensures that each element of your care takes place in the most appropriate setting, guided by clinical judgement and convenience.

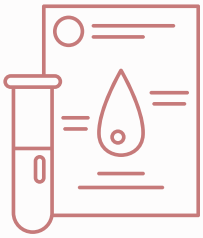
Your consultations, tests and investigations may take place at different locations depending on which assessment you choose. Our team wil guide you through each step and coordinate appointments where needed.

1. *Initial Consultation*

Unhurried time with your Consultant Gynaecologist to discuss your history and any concerns you may have.

2. *Bloods, Imaging & Diagnostics*

We aim to always arrange for your tests to be done on the same day as your initial consultation where possible. Some bloods may require fasting and we will let you know in advance if this is the case.



3. *Follow-up Consultation*

After all your tests have been completed and results have been reviewed, a follow-up consultation will be arranged for you with your Consultant Gynaecologist.

4. *Personalised Report*

You will receive a personalised Well Woman Assessment report that will detail all your results, including a review by your Consultant Gynaecologist.

5. *Ongoing Care*

Many patients choose to repeat their assessment periodically, whether to revisit symptoms or maintain a regular check-in, allowing us to build a clearer understanding of their health over time.

Key Terms: *Explained*

Clinical Assessments

Consultation (30 minutes)
A dedicated appointment with a specialist clinician to discuss your medical history, current health, symptoms, and any concerns you may have. This forms the basis of your assessment and helps guide appropriate investigations.

Follow-up consultation (15 minutes)
A follow-up appointment to review and explain your test results. Findings are discussed in context, and recommendations or next steps are outlined where appropriate.

Breast check
A clinical breast examination carried out where indicated, to assess for any changes or abnormalities. This does not replace routine breast screening but may support further investigation if needed.

Nutrition consultation (75 minutes)
A longer consultation with a nutrition specialist focusing on diet, lifestyle and nutritional health. Advice is tailored to individual needs, health goals and clinical findings.

Urine Analysis
A simple test of a urine sample used to assess general health and screen for common conditions, such as infection or changes in kidney function.

Vaginal Examination
A clinical examination performed to assess the vaginal and pelvic area. Your clinician will explain the reason for the examination and ensure you are comfortable before proceeding.

Blood Tests

Full Blood Count (FBC)
A routine blood test that measures different components of the blood, including red and white blood cells and platelets. It helps assess overall health and can identify issues such as anaemia or infection.

Vitamin D levels
A blood test measuring vitamin D, which plays an important role in bone health, immune function and overall wellbeing.

Thyroid function
Blood tests that assess how well the thyroid gland is working. The thyroid regulates metabolism, energy levels, temperature control and hormonal balance.

Lipids (cholesterol check)
A blood test measuring cholesterol and related fats in the blood. This helps assess cardiovascular health and risk factors.

Ferritin (iron levels)
A blood test that measures iron stores in the body. Low levels may contribute to fatigue, weakness or hair loss.

Glucose (diabetes screening)
A blood test measuring blood sugar levels, used to screen for diabetes or impaired glucose regulation.

CA125 (cancer antigen screening)
A blood test that measures CA125, a protein that can be raised in certain gynaecological conditions. Results are interpreted carefully and in context, as levels can be affected by both benign and non-benign causes.

Urea & Electrolytes (kidney function)
Blood tests that assess kidney function and fluid balance by measuring substances such as urea, sodium and potassium.

Liver Function Test
A group of blood tests that assess how well the liver is working. These tests can indicate inflammation, damage or other liver-related conditions.

Testosterone
A blood test measuring testosterone levels. Although often associated with male health, testosterone also plays an important role in female energy levels, muscle mass, libido and overall wellbeing.

Oestradiol
A blood test measuring oestradiol, a form of oestrogen. Oestradiol levels are important in reproductive health, bone density and hormonal balance.

HbA1c (long-term blood sugar control)
A blood test that reflects average blood sugar levels over the past two to three months. It is used to assess diabetes risk and longer-term glucose control.

Screening

Pelvic ultrasound scan
An imaging scan that uses sound waves to assess the uterus, ovaries and surrounding pelvic structures. It can help identify common conditions such as fibroids, cysts or changes to the uterine lining.

Mammogram
An X-ray of the breast used to screen for early changes in breast tissue. Mammograms are arranged where appropriate, taking into account age, symptoms and individual risk factors.

Bone density (DEXA) scan
A specialised scan that measures bone density and helps assess bone strength, fracture risk and looks for signs of osteoporosis. This is delivered through Bodyview, who will run through your results with you after your scan, and will also send a clinical report to your London Gynaecology consultant.

HP20 co-test
A cervical screening test that checks for the presence of high-risk human papillomavirus (HPV) alongside cervical cell changes. HPV is a common virus linked to cervical cancer risk.

Here for you, whenever you need us.

London Gynaecology provides expert, consultant-led care across a wide range of women's health needs. Whether you are attending for routine screening, a specific concern, or a more in-depth assessment, our focus is always on clear communication, thoughtful investigation and personalised care.

If you are unsure which Well Woman Assessment is right for you, take our online one minute quiz, email us at contact@london-gynaecology.com, or call us on 020 7101 1700.